Women's History Month

Calendar March 2023

Women have the power to change the world. We know this because we have seen it every day for the past 30 years. In the face of inequality and conflict, the women survivors of war we work with rise up and transform not only their own lives but their whole communities.

They have the #PowerToChange, and so do you!

THURSDAY

THROUGH TIME WITH US

To celebrate 30 years of

serving women survivors

of war, we've put together

a short film that shows our

journey and the impact of

2 TAKE A JOURNEY

Zoom in on the actions for every day of the month, click on the link and start using your power today!





MONDAY

TUESDAY

IOIN OUR FREE #POWERTOCHANGE WORKSHOP

WEDNESDAY

We'll help you create an action plan so you can drive the positive change you want to see in the world.

WHAT KIND OF

ACTIVIST ARE YOU?

On International Women's Day

take our quiz to learn about

your activism style so you can

be even more effective when

calling for change.

GET INSPIRED BY

LOLA OMOLOLA

Lola is a journalist who founded

the Female IN Facebook group,

a place where women can share

their untold stories about sexual

abuse and violence.

your support. **ENTER OUR**

GIVEAWAY COMPETITION

Find out how you could be in with a chance of winning a aift bundle from our fabulous corporate partners Charlotte Tilbury, Jimmy Choo and slip.

women's rights within their

#SHAKEITINSISTERHOOD DANCEATHON Help us raise vital funds for

SIGN UP FOR OUR

women survivors of war by dancing the day away.

VOLUNTEER FOR A

WOMEN'S REFUGE

Donating your time can be

just as powerful as donating

money. Contact your local

Women's Aid service to offer

your support as a volunteer.

SPONSOR A SISTER

Sponsor a woman survivor of war through our program

FRIDAY

BE INSPIRED BY

ZLATA FILIPOVIĆ

As a child, Zlata kept a diary

documenting the horrors of

the siege of Sarajevo during

the Bosnian War. Today, she

continues to advocate for

children living through conflict.

LEARN ABOUT THE

CHANGE AGENTS

Our Change Agents are

harnessing their power

and advocatina for

communities.

CELEBRATE WOMEN

IN HISTORY

This blog features lesser-

known women's rights

leaders who stood up to

injustice and paved the way

for other activists.

Learn how our Change Agents are using their #PowerToChange to

transform the future of girls education in Nigeria

SATURDAY

THE FUTURE

4 #POWERTOCHANGE

WATCH A FILM BY WOMEN ABOUT WOMEN

With a collection of free online films. Women's Voice Now are using the power of film to advance girls' and women's rights globally.

18

CHALENGE YOURSELF

Whether you run 5k or sky dive, every challenge counts. So get creative! Check out our webpage for fundraising inspiration.

25

HOST A **DINNER PARTY**

Bring your loved ones together over a delicious meal and share the cost of sponsoring a woman through our programme.



SUNDAY

SHOP WITH PURPOSE

Find out how our generous corporate partners are supporting women survivors of war this Women's History Month.

12 **BE INSPIRED BY** ZAINAB SALBI

30 years ago, Women for Women International was founded by one inspiring woman, Zainab Salbi. Today we've served over half a million women in 14 countries affected by war and conflict.

SHARE A MESSAGE

Share a message of support today and encourage them to keep using their #PowerToChange.

26 **WATCH OUR VR FILM**

See what daily life is like for Dada, a participant in our Stronger Women, Stronger Nations programme with this 360° virtual reality film.

USE YOUR VOICE ON SOCIAL MEDIA

To celebrate Women's History Month, share a woman who inspires you on your social media. Use the hashtag #PowerToChange and tag us.

LISTEN TO OUR **PODCAST**

What Makes Us Stronger features the voices of courageous women who've lived through unbelievably difficult times and used their #PowerToChange

20 **DELVE INTO A NEW** BOOK

We've put together a list of feminist books that will leave vou feeling inspired and motivated to use your #PowerToChange.

27 LISTEN TO **OUR PLAYLIST**

Sometimes you need to be reminded of your power, and nothing does the trick quite like a feminist anthem from your favourite artist.

ADVOCATE FOR GENDER EQUALITY AT

WORK

This online guide will give you plenty of ideas for how you can celebrate women's history in your workplace.

14 **FOLLOW US ONLINE**

To stay up to date with our work make sure to follow us online at @WomenforWomen we even have a TikTok account for more thumb-stopping content!

START A FACEBOOK **FUNDRAISING**

Read our blog for top tips on making your Facebook fundraiser as successful and engaging as possible.

GET INSPIRED BY SARAH CHAN

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Despite growing up amidst the Second Sudanese Civil War. Chan has gone on to become a basketball star and advocate for girls' education.

LEARN ABOUT **SONITA ALIZADEH**

Sonita is an Afghan rapper who uses her #PowerToChange and vocal talent to campaign against forced and child marriage.

WHY WOMEN?

Learn why we invest in the power of women and find out more about our work.

IN CONVERSATION

Hear from our global Ambassador and CNN Chief International Correspondent, Clarissa Ward, talk about her book On All Fronts.

LEARN MORE ABOUT WOMEN'S HISTORY MONTH

WITH CLARISSA WARD

On the final day of Women's History Month reflect on the past and imagine the incredible future of the Women's Rights Movement.











#PowerToChange

@WomenforWomen